

PRESS RELEASE

P.O. Box 860358 Plano, Texas 75086-0358
972-941-7000 www.plano.gov



For Immediate Release
January 12, 2012

Melinda Haggerty
Sustainability Communications Coordinator
Sustainability & Environmental Services
Off: (972) 769-4391 or Cell: (214) 649-1895

Kids Eat Vegetables, Parents Amazed

Children who grow vegetables are more apt to eat vegetables. Take your family on an urban farming adventure in your own backyard. Begin your trip with tips from the experts at **Organic Gardening: Healthy Soil, Healthy Food**, a class held as part of the Learn Green 2 Live Green Speaker Series.

The class is from 7 to 8 p.m. on Thursday, Jan. 19 at Haggard Library, which is located at 2501 Coit Road. Plano Community Gardeners inspire you as they share first-hand experience with soil, water and insects on their amazing journey to a bountiful harvest of lush organic vegetables.

"Come hear successful, experienced local gardeners discuss home gardening for the urban household," said Deb Bliss. "Whether working with a backyard or simply containers on your back porch, you'll be inspired to plant your own crop of edibles this spring."

Organic Gardening: Healthy Soil, Healthy Food provides you with the basic steps to get your garden started and tips to improve your family's existing home garden. Gardening is good for the body, mind and soul. Imagine taking your children outside and gathering fresh produce from your own garden, rather than heading to the grocery store!

Learn Green 2 Live Green classes are free and no registration is required. For more information, contact Deb Bliss at debb@plano.gov or (972) 769-4313.

#

#

#mlh

Phil Dyer
Mayor

Pat Miner
Mayor Pro Tem

Lissa Smith
Deputy Mayor Pro Tem

Ben Harris
Place 2

André Davidson
Place 3

Jim Duggan
Place 5

Patrick Gallagher
Place 7

Lee Dunlap
Place 8

Bruce D. Glasscock
City Manager