



Media Advisory

January 24, 2020

## Press Conference: Lifeguards Reunite with Man whose Life they Saved

**A press conference will be held at the Tom Muehlenbeck Recreation Center at 2:00 P.M. Monday, January 27.** It will recognize a Plano man who recently suffered a heart attack there and a team of Plano employees who took swift action to save his life. **The Tom Muehlenbeck Recreation Center is located at 5801 Parker Road in Plano.**

On December 15, 2019, Mr. Tsang collapsed while playing table tennis at the rec center. Other patrons alerted front desk staff who initiated the center's emergency action plan and radioed for lifeguards. The lifeguards quickly started chest compressions, which did not restart Mr. Tsang's heart. The lifeguards then used an Automated External Defibrillator (AED) which resulted in Mr. Tsang regaining a pulse. Plano Fire-Rescue medics arrived, continued care, and transported Mr. Tsang to THR Plano Presbyterian Hospital. He was found to have a 90% blockage and a stent was surgically implanted. Today, he is doing very well and will thank those who acted so quickly and professionally to save his life.

Mr. Tsang was told by his doctor that if not for the quick actions by the rec center staff, the outcome would have been very different.

The press conference will reunite Mr. Tsang and his family with the team of City employees involved in the event, including the lifeguards and Plano Fire-Rescue personnel. In addition, the Plano City Council will recognize these employees and Mr. Tsang at their regular meeting Monday at 7:00 P.M.

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**Editor's Note:** Go to the City's [Media Center](#) for comprehensive information about the City of Plano.

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### About Plano

Plano, Texas, is the largest city in Collin County with a population of 281,390 as of January 2018. Incorporated in 1873, the city is located 20 miles north of Dallas. Niche and AreaVibes recently named Plano as one of the Best Cities to Live in America. Forbes designated Plano one

of America's safest cities. The City offers a high quality of life that includes nationally recognized schools, award-winning parks, and sustainability initiatives and a wide variety of multi-cultural neighborhoods appealing to families, young singles and retirees. Plano is home to the headquarters or regional operations of major corporations such as Toyota, Liberty Mutual, JPMorgan Chase Boeing Global Services, Fannie Mae, FedEx Office, JC Penney, Keurig Dr Pepper, Rent-A-Center, Cinemark Holdings, Denbury Resources and Alliance Data Systems. Our dynamic community features excellent restaurants, vibrant shopping and entertainment venues, a lively historic downtown district and active local arts scene. Easy access to DART light rail and major highways makes Plano a convenient place to live, work and visit. To learn more about Plano, go to our website at [plano.gov](http://plano.gov).