For Immediate Release   March 22, 2020

Plano COVID-19 Update

CONFIRMED COVID-19 CASES	
Total cases in Collin County	31
Confirmed cases in Plano	11
Age (Plano Cases)	
0-19	0
20-29	0
30-39	3
40-49	3
50-59	2
60-69	3
70-79	0
80+	0
Gender (Plano Cases)	
Male	6
Female	5
Isolation Type (Plano Cases)	
Home	10
Hospital	1
Deaths (Plano Cases)	
Deaths	1

Patients diagnosed with COVID-19 have reportedly had mild to severe respiratory illness with symptoms of fever, cough, and shortness of breath. Symptoms may appear in as few as 2 days or as long as 14 days after exposure. However, some patients can have more severe symptoms, complications, and/or death.

The most updated COVID-19 recommendations guide individuals with mild symptoms to stay home and self-isolate until all three of the following have happened:

- You have had no fever for at least 72 hours without the use of fever-reducing medicine.
- Other symptoms have improved.
- At least 7 days have passed since your symptoms first appeared.

Should symptoms worsen, please call your provider before arriving to the provider's office or emergency department to limit the potential spread of any infection. The County (Collin and Denton) Health departments are identifying and contacting individuals who may have been exposed. Any individuals identified as having been exposed will be contacted directly by the County. No further personal information will be released to protect patient confidentiality. The County will monitor and investigate COVID-19.

For more information:
- Collin County: www.collincountytx.gov/healthcare_services/Pages/news.aspx
- Denton County: www.dentoncounty.gov/COVID19

# # #

Editor's Note: *Go to the City's Media Center for comprehensive information about the City of Plano.*

Media Contacts
Steve Stoler
Director
Media Relations
Ph. (972) 941-7321
Mo. (972) 345-1393
Stevest@plano.gov

About Plano
Plano, Texas, is the largest city in Collin County with a population of 283,700 as of January 2019. Incorporated in 1873, the city is located 20 miles north of Dallas. Niche and AreaVibes recently named Plano as one of the Best Cities to Live in America. Forbes designated Plano one of America's safest cities. The City offers a high quality of life that includes nationally recognized schools, award-winning parks, and sustainability initiatives and a wide variety of multi-cultural neighborhoods appealing to families, young singles and retirees. Plano is home to the headquarters or regional operations of major corporations such as Toyota, Liberty Mutual, JPMorgan Chase Boeing Global Services, Fannie Mae, FedEx Office, JC Penney, Rent-A-Center, Cinemark Holdings, Denbury Resources and Alliance Data Systems. Our dynamic community features excellent restaurants, vibrant shopping and entertainment venues, a lively historic downtown district and active local arts scene. Easy access to DART light rail and major highways makes Plano a convenient place to live, work and visit. To learn more about Plano, go to our website at plano.gov.